

**East Paulding Athletic Physical and RankOne Instructions**

The Paulding County School District has moved from hardcopy physicals to a mostly online platform. Students who are interested in playing sports will need to complete the online component of the physical and then turn the form that the doctor fills out to the Athletic Office to be eligible for sports. Please follow the instructions below:

1. Go to the following ling:

<https://www.rankonesport.com/Main/Login.aspx>

1. Fill out **ALL 5** of the **“Electronic Participation Forms”** that are located tabs on the top of the screen.
2. Download the **“Physical Examination Form”,** have a doctor fill this out.
3. **Turn in** the **“Physical Examination Form”** to the **Athletic Office** N**o later than March 11th.**



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